

DVIDA American Smooth Bronze Syllabus Figures

*- Indicates figure is not allowable in NDCA Competitions

	Waltz	Foxtrot	Tango	V. Waltz
Bronze I	1A. Box Step 1B. Box with Underarm Turn 2. Progressive 3A. Left Turning Box 3B. Right Turning Box	1. Basic 2. Promenade 3A. Rock Turn to Left 3B. Rock Turn to Right	1A. Straight Basic 1B. Curving Basic 2A. Promenade Turning Left 2B. Promenade Turning Right 3. Single Corté 4. Progressive Rocks	1. Balance Steps 2A. Fifth Position Breaks 2B. Fifth Position Breaks with Underarm Turn
Bronze II	4A. Balance Steps 4B. Balance and Box 5. Simple Twinkle 6. Two Way Underarm Turn 7. Face to Face – Back to Back	4. Sway Step 5A. Sway Underarm Turn 5B. Promenade Underarm Turn 6A. Zig Zag in Line 6B. Zig Zag Outside Partner 7. Box Step	5A. Open Fan 5B. Open Fan with Underarm Turn 6. Running Steps 7. Double Corté 8A. Reverse Turn	3. Reverse Turn 4. Closed Twinkle
Bronze III	8A. Reverse Turn 8B. Reverse Turn with Underarm Turn 9A. Natural Turn 9B. Natural Turn with Underarm Turn 10. Progressive Twinkles 11. Turning Twinkles	8. Twinkle 9. Promenade Twinkles 10A. Turning Twinkles to Outside Partner 10B. Turning Twinkles to Outside Partner with Underarm Turn 11. Grapevine	8B. Reverse Turn with Outside Swivel 9. Right Side Fans 10. Contra Rocks 11A. Change of Places 11B. Change of Places Variation	5A. Crossbody Lead 5B. Crossbody Lead with Underarm Turn 6. Hand to Hand 7A. Forward Progressive Changes 7B. Backward Progressive Changes
Full Bronze	12. Grapevine 13. Promenade Chassé 14. Twinkle & Weave* 15. Waterfall	12. Promenade Twist 13. Promenade Pivot 14A. Running Steps in Basic Rhythm* 14B. Running Steps in Box Rhythm* 15. Twinkle & Weave with Grapevine*	12. Twist Turn to Right 13. Reverse Turn with Underarm Turn 14. Promenade Pivot 15. Shadow Rocks	8. Right Turn 9. Change of Place* 10. Curtsey & Bow